



The Post Journal

Quarterly Newsletter of The American Legion Post 76, "The Spirit of Freedom"

ISSUE 31 — January — March 2020

Report from Commander:

As we begin this new decade, I am in hopes we all can take time to remember any one of our American Legion 4 pillars in our everyday lives. These are so critical to our lives and the lives of our comrades and our own personal families. This requires the dedication and heart felt feelings we all have.

An item that we are in need of to make these pillars a reality and a benefit to our own Spirit of Freedom, Post 76, is volunteerism. We have found that the more we reach out to the community, the more the need for our services are needed and appreciated. The amount of functions many different organizations and clubs that ask us for our help has grown over the past 2-3 years so fast that it has become difficult to cover the bases. There have been a few times we have had to say "No" we cannot do it. That is a word we all hate to use. We are in need of your help comrades. The need is great in our Post and as an example of what the fastest growing and dedicated Post in Nevada can do, we need to do what each of us can to keep us from saying "no".

Please do what you can when asked by any of our Committees to help out. If it is just for a couple of hours, which most of our efforts are, you are helping to fulfill our obligation to our Four Pillars.

I'd like to wish you all a fruitful New Year and health to you all, and a huge thanks for all that you do for our Veterans and family.

Mike Shephard, Commander, American Legion Post 76

UPCOMING POST 76 ELECTIONS

An item of importance is the upcoming election of officers at our April Meeting.

There are 7 elected officers and 6 appointed officers. If any member in good standing seeks a position within the post, notify the Adjutant at the upcoming March meeting. Regardless if any officer wishes to stay on, anyone can seek the position.

Any member in good standing can be considered for offices of Commander, 1st Vice Commander, 2nd Vice Commander, Sergeant At Arms, and, the 3 year term as Executive Committee Director. The election and swearing in will be held at the April 2020 General Membership meeting.

Each elected officer may be reconsidered for office by the Nomination Committee, should they continue to express and interest in continuing in that position. All existing Officers and Directors need to present their intentions in



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PAST COMMANDER AND DIRECTORS REPORT

What an exciting year we are having ! The American Legion year runs from 1 July through 30 June and with only 5 months gone we have surpassed our membership goal and are now over 150%! We still have many members who have not yet renewed for 2020.

Your membership actually expires on 31 Dec. of the paid year shown on your card. It can be a little confusing because your annual dues are supposed to be paid by 1 Jan each year so National starts accepting dues for the upcoming year on 1 July. The goal is to have everyone renewed for the New Year by 1 Jan., when it begins.

If dues are not paid by 1 Jan. of each calendar year, the member becomes delinquent. 1 Feb., the member is suspended, 30 June, the member is dropped from the membership rolls.

Our Post Auxiliary will be up and running shortly after New Years. **We need one more sign up before we can apply for a National Charter for our UNIT 76 Auxiliary.** If you, or someone you know is interested, please contact me. [Application can be found on the next page].

It has been a while since I did some number crunching and told you about your Post's make-up:

40% U.S. Army
28% U.S. Air Force
21% U.S. Navy
9% U.S. Marines
2% U.S. Coast Guard



59% Vietnam
13% Korea
11% Persian Gulf
7% Lebanon/Granada
4% WW II
3% Panama
2% War on Terror
1% Other Conflicts

We have 5 members over the age of 98 and our youngest is 23. We have members of our Post living in 23 states other than Nevada and one in a foreign country. We have seven members each living in Arizona, California and Texas.

Our average age is 60.5 Years.

Our Mean Age is 72.2 Years.

Joel Forman, Past Department Commander and Post 76 Director

WOMEN VETERANS CONFERENCE

WOMEN VETERANS AND VETERANS ADVOCATES: Please mark your calendar for Saturday, 29 February 2020 to attend the 2020 Making Connections – Women Veterans Conference at the Texas Station Gambling Hall and Hotel in North Las Vegas. The day-long event will assist women veterans in making connections to earned benefits, health care, employment, volunteer opportunities and self-improvement. A continental breakfast, working lunch will be provided. The Blue Star Mothers will provide day care too! We are asking you to help us spread the word and to also attend!

Pre-register at: <http://bit.ly/2020WomenVetConference>

We appreciate your support and look forward to seeing you there!

Terri Hendry, Communications Director

Nevada Department of Veterans Services

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"Serving Nevada's Heroes"





American Legion Auxiliary MEMBERSHIP APPLICATION

APPLICANT INFORMATION

Name _____ (First) _____ (M.I.) _____ (Last)

Address _____

City _____ State _____ ZIP _____

Home Phone _____ Cell Phone _____ Email Address _____

Date of Birth (Required) _____ Birth - 17 18 and over Unit # _____ Location _____

Have you been a member previously? Yes No (If yes, fill in below.)

Previous Unit City/State _____ ALA ID # (if known) _____
/ /

Signature of Applicant (or legal guardian if under 18) _____ Date _____

ELIGIBILITY INFORMATION

Eligible Through—Name of Veteran (Female Veterans: List Your Own Name) _____

If Living: American Legion Member ID # _____ Post # _____ City _____ State _____

Deceased—If veteran is deceased, contact ALA unit about the necessary military records.
For Veteran's DD214 Discharge Papers: www.archives.gov/veterans/military-service-records

Veteran Served:

WWI (4/6/1917-11/11/1918)

Anytime After 12/7/1941 (check all that apply):

Global War on Terror Panama Vietnam WWII

Gulf War Lebanon/Grenada Korea Other Conflicts

Applicant's Relationship to the Veteran:

Male Spouse Female Spouse Mother Grandmother Sister Self

Daughter Granddaughter

To Be Completed By The American Legion Post Adjutant/Officer

I certify that the above named individual served at least one day of active duty during the dates marked above and was honorably discharged or is still serving honorably.

Post Adjutant/Officer Membership Verification _____ Date _____

HELP US GET YOU CONNECTED!

I am interested in learning more about:

Volunteering for Veterans, Military, and Their Families

Youth Activities, Including ALA Girls State, Junior Member Programs, and Scholarships

Member Discounts and Services

Other

Please contact the following individual about volunteering or joining the American Legion Auxiliary:

Name _____ Phone _____ Email _____

Name _____ Phone _____ Email _____

Name _____ Phone _____ Email _____

Recruiter's Name _____ Unit/Post # _____ City _____ State _____

Submit this application to the ALA unit you wish to join. If unit is unknown, contact National Headquarters at (317) 569-4500 for assistance. Annual dues must accompany completed application. Ask local contact for amount due. **Membership pending approval of application.**

MISSING IN NEVADA

On Tue 19 November 2019, 17 Forgotten Veterans were laid to rest at the Southern Nevada Veterans Memorial Cemetery (SNVMC). This was the third group of Missing in Nevada Veterans to be honored. Forty-nine Forgotten Veterans were interned previously June and October 2018.

These are Veterans who have passed, and no one came to claim them, one of the Veterans served in WW I and died in 1995. Lynda Freeman from the Nevada Veterans Coalition is the researcher that goes to the Mortuaries to review their records for unclaimed individuals to find the Veterans.

Several local Veterans organizations participated in this event.

The remains were escorted from the Desert Memorial Cremation & Burial by the Nevada Highway Patrol and the Southern Nevada Patriot Guard Riders. Upon arrival at the SNVMC the remains were brought into the chapel by Honor Guard members from the NV Army National Guard, Air Force members from Nellis, US Navy and a Marine. Bobi Oates, SMSgt, USAF, Ret was the emcee for the service and also read the 13 Flag folds while the NVANG did a 6 person flag fold.

Capt. Troy Dandrea, Chaplain, NVARNG gave the Invocation and Benediction.

Emil "Buck" Bedard, Lt Gen, USMC, Retired was the guest speaker He reminded us all to talk with our older Veterans to check in on them, see how their day is going and their general well-being, to be a good neighbor. No more Veterans should be forgotten or lost only to be remembered 40 -50 years later. He finished by reading

JUST A COMMON SOLDIER (A Soldier Died Today) by A. Lawrence Vaincourt [on next page]

The Disabled Veterans Black Mountain Chapter 12 rendered a 21-gun salute followed by TAPS preformed by Trumpeters Alliance to Perform Patriotic Services.

The Scottish American Post 711 bagpipers lead the procession to the grave site, playing Amazing Grace. Chaplin Danny McDonald, SAMS 711 read the 23rd Psalm and as the Honor Guard members laid the Veterans to rest Cynthia Mann played military tunes on her flute.

We know this will not be the last services we have for our Missing, and we hope that for the next service more folks can come pay their respects.

These are the Veterans we honored on 19 November 2019

Bush, Clifford (1912-1994) US NAVY 1942-1945 WWII
Davis, Robert (1930-2008) US AIR FORCE 1950-1951
Esposito, Louis (1917-1992) US ARMY 1942-1945 WWII
Evans, George (1932-2011) US AIR FORCE 1949-1950
Fawcett, Edwin (1924-1994) US ARMY 1943-1943 WWII
Gardner, John (1933-2003) US AIR FORCE 1950-1953 KOREA
Gorney, Theodore (1920-1994) US ARMY 1942-1945 WWII
Greene, James (1916-1996) US ARMY 1942-1946 WWII
Hawke, Harris (1926-1994) US ARMY 1945-1946 WWII
Hunt, Kenneth (1898-1995) US ARMY 1917-1919 WWI
Lambert, Clifford (1917-2008) US MARINES CORPS 1944-1946 WWII
Lazich, John (1916-1994) US ARMY 1942-1945 WWII
Little, Donald (1944-2008) US AIR FORCE 1966-1970 VIETNAM
Merriam, Herbert (1919-1996) US ARMY 1942-1945 WWII
Nussbaum, George (1908-1995) US ARMY 1942-1943 WWII
Paulson Sr., Robert (1932-1996) US NAVY 1951-1955 KOREA
Upin, Orrin (1907-1996) US ARMY 1942-1945 WWII

Bobi Oates, SMSgt, USAF, Ret, American Legion Post 76 Veterans Advocate

MISSING IN NEVADA (CONTINUED)

JUST A COMMON SOLDIER (A Soldier Died Today) by A. Lawrence Vaincourt

He was getting old and paunchy and his hair was falling fast,
And he sat around the Legion, telling stories of the past.
Of a war that he had fought in and the deeds that he had done,
In his exploits with his buddies; they were heroes, every one.

And tho' sometimes, to his neighbors, his tales became a joke,
All his Legion buddies listened, for they knew whereof he spoke.
But we'll hear his tales no longer for old Bill has passed away,
And the world's a little poorer, for a soldier died today.

He will not be mourned by many, just his children and his wife,
For he lived an ordinary and quite uneventful life.
Held a job and raised a family, quietly going his own way,
And the world won't note his passing, though a soldier died today.

When politicians leave this earth, their bodies lie in state,
While thousands note their passing and proclaim that they were great.
Papers tell their whole life stories, from the time that they were young,
But the passing of a soldier goes unnoticed and unsung.

Is the greatest contribution to the welfare of our land
A guy who breaks his promises and cons his fellow man?
Or the ordinary fellow who, in times of war and strife,
Goes off to serve his Country and offers up his life?

A politician's stipend and the style in which he lives
Are sometimes disproportionate to the service that he gives.
While the ordinary soldier, who offered up his all,
Is paid off with a medal and perhaps, a pension small.

It's so easy to forget them for it was so long ago,
That the old Bills of our Country went to battle, but we know
It was not the politicians, with their compromise and ploys,
Who won for us the freedom that our Country now enjoys.

Should you find yourself in danger, with your enemies at hand,
Would you want a politician with his ever-shifting stand?
Or would you prefer a soldier, who has sworn to defend
His home, his kin and Country and would fight until the end?

He was just a common soldier and his ranks are growing thin,
But his presence should remind us we may need his like again.
For when countries are in conflict, then we find the soldier's part
Is to clean up all the troubles that the politicians start.

If we cannot do him honor while he's here to hear the praise,
Then at least let's give him homage at the ending of his days.
Perhaps just a simple headline in a paper that would say,
Our Country is in mourning, for a soldier died today.



© 1987 A. Lawrence Vaincourt

MESSAGE FROM THE 1st VICE COMMANDER

Greetings All!! I wanted to take a minute to let you all know about an exciting new program.

Effective January 1st, 2020, Veterans with a service connected disability will be authorized to shop at the base commissary. If your service connected disability is from 0-90 %, and it shows "Service Connected" on your card, You're in.

In a recent article on the "Military Times" website, they state that base access will be granted by placing your VA medical ID card in a scanner, and it will approve your entry. You are permitted to bring a guest with you, but if the guest does not have previous access, you will be required to stop by the visitors center and get the appropriate visitors badge.



This opens the Commissary to approximately 3 million more Veterans. Additionally, certain welfare and rec benefits will also be included in this program, and those will be rolled out over time.

Last year, Veterans who previously had no access to the PX or Navy Exchange web sites, were permitted to enroll and be able to shop online. The enrollment process is very easy, and I highly recommend all Legionnaires make use of this cost saving benefit.

As Always, It's great to see so many of you at the meetings, and I look forward to seeing all of you in 2020.

Have a safe, happy, and blessed holiday season.

For God and Country, Tony Mascari, 1st Vice Commander

VA RESIDENTIAL RECOVERY AND RENEWAL CENTER

VA's Southern Nevada Healthcare System is proud to announce the grand opening of the Las Vegas VA Residential Recovery and Renewal Center (LVR3). It's only the second residential gambling addiction recovery center in the nation.

LVR3 is a 30- to 45-day substance use and gambling residential treatment program. It is a 20-bed facility, with a separate wing with five rooms for female Veterans. The center provides research-based, high quality interventions to help residents:

- ◆ Help learn about addiction and triggers and developing a sustainable relapse-prevention plan.
- ◆ Develop individualized and person-centered recovery plans.
- ◆ Provide a whole health approach to help improve emotional, physical and mental health.
- ◆ Assist residents choose, access and use community and social supports.

This is the VA's first residential program in Southern Nevada. As a result, "there is definitely a great need for this here in Las Vegas," said LVR3 Program Manager Roxanne Untal.

"Gambling and substance abuse already exist here. It's important that we are responsive to that when problems arise for our Veterans. The biggest goal is to provide residential care for Veterans when more intensive care is needed than what they would receive in outpatient treatment."

Dr. Roxanne Untal gives a tour of the LVR3 to airmen from the Michael O'Callaghan Military Medical Center at Nellis Air Force Base.

"This facility fills a gap in our mental health continuum of care," said Tim Jobin, chief of Behavioral Health. "The staff has dedicated countless hours of planning, mindfulness and reviews to make this happen here today. This is a great day for Veterans."

Treatment at LVR3 includes daily activities. Recreational therapists provide instruction in exercises like archery, horse-back riding and yoga.

LVR3 also provides a staff attendant who is available 24/7.

Veterans interested in a referral for the LVR3 can talk to their primary care provider or can take advantage of the same-day mental health service.

"One of the biggest services we offer is the same-day walk-in service for mental health care," said Dr. Untal.

"Even if you aren't an enrolled Veteran yet, if this is something you need to address, come on in. Any licensed provider can put in a consult, and we are doing quick turn-around for screening them for admission."

Submitted by Jack L Ford, Director and Past Department Commander

POST 76 VOLUNTEERS FOR THE BSA SCOUTING PROGRAMS

Geocaching Merit Badge

During the Boy Scouts of America's Las Vegas Area Council's Grand Camporee, October 11th - 12th event Legionnaire Steve Bickford taught a class for those scouts desiring to earn their Geocaching merit badge.



On Sunday morning nine scouts (and one parent) showed up for the merit badge class. The first two hours were devoted in going over the seven of the nine requirements for the badge, such as learning about Latitude and Longitude, what is GPS and GPS devices, caches - what are they, and of course safety out in the field. The last hour was optional and it had to do with going around the park looking for a hidden cache, placed and maintained by a member of Geocaching.Com. Four scouts wanted to go and with Garmin GPS devices in hand we went for a "Walk About." It took about ten minutes to get to the general area and another fifteen minutes for one of the scouts to find the cache. Next, I had previously hidden one of my own caches and once again we were on another "Walk About." About twenty minutes later another scout found it and we called it a day. After taking this class one scout was able to finish his remaining requirements to earn his Geocaching merit badge. The weather was perfect, the scouts had fun, and Legionnaire Bickford cannot wait to do it again next year.

Radio Merit Badge

In preparation the Boy Scouts of America's "Jamboree on the Air" event October 19th, also known as JOTA. Legionnaire Steve Bickford (call sign N6AE) helped teach a class for those scouts desiring to earn their Radio merit badge. Both of the events, instruction and radio air time were held at the Las Vegas Area Council's main facility located off Paradise and 215.

On October 18th, Friday evening eight scouts showed up for the merit badge class. The four hour class was primarily a PowerPoint presentation with personal experiences tossed in covering the nine requirements for the badge, such as learning about frequency spectrum, amateur and commercial radio, how the ionosphere effects long distance contact, as well as electrical, lightning, and RF safety.

Then the next day, Saturday, October 19th was dedicated to "On the Air." Around fifteen scouts showed up to participate. This is where a scout tries to make contact with another scout using amateur radio. Questions were asked and answered regarding Troop Number, Scout Rank, Breakfast or Lunch, Patrol Name, and etc. Four radios were available for the scouts to use to make contact with one another. The Boy Scouts of America's JOTA is a yearly event that typically occurs every October. With the amateur air waves a buzz with JOTA "traffic" from around the world scouts were able to fulfill one of the requirements for the Radio merit badge:

"Using proper call signs, Q signals, and abbreviations, carry on a 10-minute real or simulated amateur radio contact..."
"On the Air" start time was 9:00 a.m. and we finally called it a day at 2:30 p.m.

Submitted by Steven E. Bickford, 702.848.1750 (H), s.e.bickford@cox.net

Air Rifle Range



The Camporee was similar to the Mega Scout Expo but will had many exciting additions. One of those additions was a BB Range. It featured Air Rifles: Daisy BB-Guns and also Pellet Guns reserved only for the older Scouts. Director Hestand and Legionnaires Bickford and Henning hosted the BB Rifle range at the Scout Grand Camporee at Craig

Ranch Park on Saturday 12 October. The activity was so popular, it was non-stop from 8 AM to 4:30 pm no counting the hours it took to set up on Friday, and then tear down and stash in the trailer.

It was rumored that Steve Bickford also taught some of the Cub Scouts and their parents waiting in line on how to "Give a Big Hand," "Give a Big Hand - Louder," and "Standing Ooh-vation."





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UPCOMING MEETING DATES :

E Board Meeting — 9 January 2020, 4:30 pm Summerlin Trails Community Center

GENERAL MEETING — 19 January 2020, 1:30 pm at [Humana](#) 4830 W. Craig Rd. Suite 130

E Board Meeting — 13 February 2020, 4:30 pm Summerlin Trails Community Center

GENERAL MEETING — 16 February 2020, 1:30 pm at [Humana](#) 4830 W. Craig Rd. Suite 130

E Board Meeting — 12 March 2020, 4:30 pm Summerlin Trails Community Center

GENERAL MEETING — 15 March 2020, 1:30 pm at [Humana](#) 4830 W. Craig Rd. Suite 130

E Board Meeting — 9 April 2020, 4:30 pm Summerlin Trails Community Center



Post Officers will be elected during the 19 April 2020 General Meeting. If you are interested in volunteering for a Post office, submit your request present you intentions in writing. or email, to the Adjutant would will pass it on to the Nomination Committee before 29 February 2020. Please be there and cast your vote.

Membership in The American Legion is based on a calendar-year from 1 January to 31 December
IF You have not yet paid 2020 dues, you are now expired. By paying your dues, you help our Post have the resources to support programs that benefit both veterans and families in our area.



Something
Special



EMAIL ONLY VERSION — FULL COLOR EXPANDED CONTENT

From here on until the end, this is an **expanded version of Post Newsletter #31**, sent only via email. The previous eight pages were printed in black and white and sent to those that had expressed they either did not have or use email, and preferred a paper version.

You are saving the Post resources that can be programmed to other beneficial uses. **THANK YOU!**

Do you have a story you want to tell? Email it to Post76@gmail.com

PLEASE HONOR AND RESPECT THE COLORS!

Have you ever wondered why Post 76 is so serious about not walking in front of the head tables, but rather have everyone pass by the American Flag to stage right, pausing to salute the flag, and then going behind the head table to speak at the podium. You then are instructed to leave past the American Legion flag to stage left. Only those placing the POW/MIA cover on the chair of honor may pass in front of the head table when instructed by the commander. Here is the rationale.

This Is Hallowed Ground: Why You Don't Walk Between the Colors

Written by Nolle Deas, Past Florida Department Commander, 1973-74.



**Between the flags that proudly fly,
Let no one dare to stand.
For here our fallen comrades lie,
We call it Hallowed Ground.**

**A symbol, yes, but mark it well,
Here let us ever humbly pause,
In Memory of the ones who fell,
In fighting for our sacred cause.**

**On sea or land these buddies died,
Some lie beneath a foreign sod,
In graves caressed by winds and tide,
In spots unknown to all but God.**

**And so this place is Hallowed Ground,
And it shall be forever blessed,
As though it were a grassy mound,
Beneath which gallant heroes rest.**

**Be ever watchful, Legionnaire,
Of those two flags which signify
That we should guard this spot with care
Where our departed comrades lie.**

**And, if a man should dare to tread
This spot where lie our gallant brave,
He desecrates those noble dead
As though he walked upon their grave.**



American Radio Relay League's Annual "Field Day" Results for 2019 Published.

Back in mid-June two Legionnaires, Steve Bickford – N6AE and Pete Cervantes – KG7OKY, were at a remote location known only as the "Hestand Hide Away" somewhere North of Cave Lake Reservoir. It was here where they were on-the-air participating in ARRL's annual Field Day event. A twenty-four hour contest where you try to make as many radio contacts as possible. Each contact and other factors contributed to their overall score. Their Category/Section of "1B-Nevada" and sixty-one contacts gave them a combined score of 372 points.

Setting up a portable radio running on batteries, stretching out a long horizontal dipole antenna, and putting up with near freezing temperatures at an altitude over 7,600 feet they somehow managed to make sixty-one contacts ranging from Hawaii to the Eastern seaboard as well as up into Canada. They were the only ones to represent the Nevada section in their particular category.

We were located north of Cave Lake Reservoir, Nevada at an elevation just over 7,600 feet. Our antenna was a basic horizontal wire dipole using three Buddipole tripods and 18-foot masts for support. We experienced gusty winds from time to time and everything had to be three-point guyed.

In the late evening/early morning the temperature dropped to the low to mid 30s. The surrounding mountains over 8,500 feet were still snow-capped and help bracket a scenic 360-degree panoramic view of the area.

From ARRL's QST magazine; December, 2019 (page 73):

1B – 2 Operator

K0AV (+W0DLE)	875	2	2	3,750	CO
K8TE	771	2	2	3,674	NM
AE4BL	258	2	2	1,590	AL
N9EZ (+WA1UJU)	350	2	2	1,550	MI
W8AWE (+W8DCQ)	423	2	2	1,522	MI
K6TY (WB6MLI, WB6VRN, ops)	228	2	2	1,456	SJV
W5WHN (+WB5LYJ)	166	2	2	1,198	NM
WU0I	137	2	2	1,182	SJV
N4Y (N4KGL, WA6QKN, ops)	131	2	2	1,178	NFL
WT1A	327	2	2	1,154	ME
K8RSO (K8WFL, KE8BQV, ops)	265	2	2	1,080	WPA
NU5DE (N15B, op)	223	2	2	696	STX
AG5JW (+K1DW)	150	2	2	692	LA
KK5HT (+WB4EEH)	123	2	2	668	NTX
AK7AN (+KD0CVD)	141	2	2	600	UT
W7TKE (+W7SME)	93	2	2	536	MT
KT4X (+N4OKO)	191	2	2	532	GA
W0KU	96	2	2	526	CO
WT8P	35	2	2	490	WWA
AD4OS (+KE0LFY)	56	2	2	450	IA
KJ6UUS	34	2	2	438	MT
W8AKR (+NV3Y)	138	2	2	426	OH
AI5C	35	2	2	420	SF
KB7SKY	19	2	2	398	AZ
N6AE (+KG7OKY)	61	2	2	372	NV
KK6NXT (WA6SXU, W6MYN, ops)	55	2	2	360	LAX
N7EJ (+N4RHF)	153	2	2	356	EWA
N6KHO	97	2	2	344	OR
AA4WC (KW6GB, KM4YC, ops)	36	2	2	322	VA
KG4KOW	13	2	2	276	SC
WA2EZG (+WA2YCP)	48	2	2	246	NNJ
K3CAN	13	2	2	196	NH
W4GMF (+AF3J)	22	2	2	194	NC
N4YLO (AC4YL, AG4YL, ops)	21	2	2	192	GA
VA3KTT	48	2	2	146	ONS
KD9HMR	13	2	2	76	IN
VE3BKZ	22	2	2	66	ONS
KD7WP (+KW7WP)	31	2	2	62	OR



As a side note, Steve had previously neglected to send along a picture of the great fishing we had experienced there while staying at the "Hestand Hide-away." This picture is of the smaller one of what we caught. Unfortunately the larger one was a Catch N' Release and no picture was taken.

If you get a chance you can also view one of the pictures at the Sportsman's Warehouse, at Centennial Gateway, where it is posted on their "Fishing Brag Board" as you leave the store. Look towards the bottom-middle section, titled "Cave Lake June 22, 2019."

SELECTED AFTER ACTION REPORTS

WHEN: 7 November 2019

WHERE: Southern Nevada Veterans Memorial Cemetery

EVENT: Unaccompanied Services

of POST 76 Legionnaires: 5

We were requested earlier than normal as we had a rare casket burial at 0800. Then we had 3 Air Force, and 2 Army. There were to be 7 cremations, but two were no shows.

There are no burials scheduled for next Thursday, but 7 for the following week on the 21st.

Our hats off to Bobi, not only conducting three services, but also reading the 23rd Psalm at the grave site, as no chaplains were in attendance today.

WHEN: 9 November 2019

WHERE: V.A. Hospital

EVENT: Annual Veterans Appreciation Car Show/Bar B Que, resource fair

of Post 76 Legionnaires participating: 9

This was a wonderful event, perfect fall weather, and no wind. We gave out a lot of information, spoke with many Veterans and between the Post 100 transfers, out of state transfers, those who said they would sign up at either Monday's Humana open house, or our meeting next week, the Post could realize as many as 10 new members! Our thanks to Adjutant Tom for manning the table at the Humana Galleria Mall event by himself on the same day.



Veterans Reporter News Publisher — Su Phelps



PDC/Director Jack Ford



Post 76 Webmaster Robert Serge.

WHEN: 5 December 2019

WHERE: Grant Sawyer Building

EVENT: Informational Meeting

of Post 76 Legionnaires participating: 2

WHEN: 6 December 2019

WHERE: V.A. Hospital of Southern Nevada

EVENT: Monthly Commanders Call (Nov & Dec)

of Post 76 Legionnaires participating: 5

WHEN: 6 December 2019

WHERE: Sun City Summerlin Pinnacle Restaurant

EVENT: Color Guard, Sun City Veterans Club Dinner

of Post 76 Legionnaires participating: 8

It was good to see Pearl Harbor Survivor and Post 76 Member Ed Hall, along with Deputy Director and Post 76 Member Fred Wagar at this event. Ed was very happy that we carried his Pearl Harbor Survivor flag in our Color Guard.

SELECTED AFTER ACTION REPORTS [CONTINUED]

WHEN: 15 November 2019

WHERE: Nellis Air Force Base

EVENT: Aviation Nation 2019

of Post 76 Legionnaires participating: 4

Today was a logistical nightmare, but we improvised, adapted and overcame, Thanks to Frank Timbers for driving Tom and getting him on the base. Unfortunately at the wrong gate. Buzz brought his awning, table and chairs. All our stuff made it safely. We did not sign up any new members today, as it was VIP and Active Duty day and not open to the public. We did have one of our new transferees stop over and introduce himself. Only the VFW and the Assoc. of the U.S. Army veterans organizations were there.

We did get a chance to see a really great air show. I do not know how they get those very large, hi-tech machines to do the things they did. I am confident we will have a better day tomorrow.

WHEN: 16 November 2019

WHERE: Nellis Air Force Base

EVENT: Aviation Nation - Day 2

of Post 76 Legionnaires participating: 7

Another beautiful day to be at the air show. Many more attendees than yesterday. We talked to several more veterans and did better than yesterday, signing 2 New Members and transferring one in from Post 100.

A big thank you to Post 76 member Phellep Snow and the Vet Center Van for helping out Post 76 member Robert Serge with a power issue. And a big shout out and thank you to all the airmen at Nellis who could not do enough for us. Especially to the young lady and man on trash detail who helped us by giving us a ride out to the parking lot with all our supplies.



SELECTED AFTER ACTION REPORTS [CONTINUED]

WHEN: 12 December 2019

WHERE: linq Hotel & Casino, Las Vegas Strip

EVENT: Ms. Senior Universe Pageant

of Post 76 Legionnaires participating: 4

This is always an enjoyable experience posting the colors for this group. We have done it before, but never in the Linq Hotel, what a mess getting in with construction going on.

The ladies are always a joy to be around and we are treated extremely well. They were all wondering where Gary was. A mix up of sorts regarding coffee and lunch was overcome, as we always do. And a good time was had by all.



Membership in The American Legion is based on a calendar-year from January 1 until December 31.

If you have not paid 2020 dues by the end of 2019, **you ARE now expired**. By paying your dues, you help our Post have the resources to support programs that benefit both veterans and families in our area.

Many of us can no longer participate in volunteering, you may think. But there is a way that everyone can, and it is as easy as keeping your dues current. One way is to wait for a renewal notice sent by National, but did you know that your Post pays for these renewal notices? The best way is to send your check before the last renewal notice is mailed. The easiest, most convenient and least expensive way is to pay online at legion.org and hit the renew tab. You only need to provide your Legion member number and your last name, and your credit card info, of course.

HERE ARE SOME “SAVE THE DATES” FOR WOMEN VETERANS

Please mark your calendar for Saturday, February 29, 2020 to attend the 2020 Making Connections – Women Veterans Conference at the Texas Station Gambling Hall and Hotel in North Las Vegas. The day-long event will assist women veterans in making connections to earned benefits, health care, employment, volunteer opportunities and self-improvement. A continental breakfast, working lunch will be provided. The Blue Star Mothers will provide day care too! We are asking you to help us spread the word and to also attend!

Pre-register at: <http://bit.ly/2020WomenVetConference>

We appreciate your support and look forward to seeing you there!

Respectfully, Terri Hendry

see next page [pg. 16.]

Sat 21 Mar 2020, 3rd Annual Women History Month High Tea, more info to come

Sat 28 Mar 2020 NDVS Legislature Symposium, at the VA Hospital Auditorium TBD

FOR MORE INFORMATION — Contact **VETERANS ADVOCATE**:

Bobi Oates Phone: (702)498-3045 boates4616@aol.com

January is Cervical Cancer Awareness Month.

VA encourages you to talk to your primary care provider about cervical cancer testing because early detection can help save your life. Cervical cancer was once the number one cause of cancer-related death in women. Due to increased screening, the number of cervical cancer deaths in the United States has dropped by more than 50% since the 1970s, according to the American Cancer Society.

Cervical cancer is one of the most treatable cancers if found early. A Pap (Papanicolaou) test, also known as a Pap smear, looks for cancer and pre-cancerous cervical cells. This test and screening for the human papillomavirus (HPV) testing, which is the cause of most cervical cancers, often leads to early detection. In addition to screening, there is a vaccination to prevent HPV. It is most effective if administered during childhood or adolescence, but adults can benefit from it, too.

Cervical cancer — These are some of the most helpful questions to ask during your next primary care visit:

How often do I need a Pap or HPV test, or both?

If my test is abnormal, how will I be contacted?

Should I receive the HPV vaccine?

Depending on your age and current cervical health, you can be screened in three- or five-year increments. VA and the United States Preventive Services Task Force (USPSTF) released new screening guidelines in 2018. You can connect with your primary care provider to better understand the new scheduled recommendations.

For women Veterans between the ages of 21 and 29, VA recommends a Pap test every three years.

For women Veterans between the ages of 30 and 65, VA recommends one of three options:

A Pap test every three years.

Both the Pap and HPV tests every five years.

An HPV test every five years.

Speak to your VA provider about how to schedule a cervical cancer screening, your Pap and/or HPV test at your local VA facility.

To contact the Women Veteran Call Center, call 1-855-VA-WOMEN (1-855-829-6636). Staff there can connect you with a program manager at a local VA facility for more information. Additionally, you can chat online via real-time messaging or visit www.womenshealth.va.gov.



MAKING CONNECTIONS!! 2020 Free Women Veterans Conference

**Make Connections to:
Health Care-Earned Benefits
Employment
Volunteer Opportunities
Self**

**Continental Breakfast and Working Lunch Provided
DAY CARE provided by Blue Star Mothers
but must email
hemmilab@veterans.nv.gov**

**Seating is Limited!
Pre-register: <http://bit.ly/2020WomenVetConference>**

Saturday, February 29, 2020

9:00 AM – 5:00 PM

8:00 AM - Registration at Door

**Texas Station
2101 Texas Star Lane
North Las Vegas, NV**



Here are answers to 11 key questions about the new L.E.G.I.O.N. Law and what it means for The American Legion.

Question: How does this change the eligibility requirements for The American Legion?

Answer: The only change is that Congress has reduced the number of eligibility periods from seven to two. They are April 6, 1917, to Nov. 11, 1918, and Dec. 7, 1941, and continuing. No other restrictions are changed.

Question: What's the impact on veterans who previously were not eligible for American Legion membership?

Answer: Veterans who were honorably discharged but whose service did not fall into the previous defined war eras may now join The American Legion immediately.

To do so, eligible members may sign up at www.legion.org/join.

Question: I am among the veterans who were not allowed to join previously, so why do you want me now?

Answer: The American Legion's founding fathers believed, "a veteran is a veteran," an axiom that has held true throughout the organization's more than century of service. Some veterans were ineligible to join because of the war eras that were defined by Congress. The recent bill passage and president's signature changed that.

Question: So how does this differentiate The American Legion from AMVETS?

Answer: The American Legion's eligibility criteria states that veterans must have served during "wartime." When Congress decides the U.S. is no longer in a state of war, the Legion's membership eligibility period will close, while AMVETS will still be open to those who served.

Question: How does this affect the Sons of The American Legion (SAL)?

Answer: The Sons' eligibility criteria will change along with that of The American Legion. Any son or grandson of a living American Legion member will be able to join the SAL program. (Sons and grandsons of deceased veterans are also eligible.) For example, a son of a veteran who served between 1985 and 1988 previously would not have been eligible.

With the extension of the war period, that veteran would immediately be eligible for The American Legion and the son would be able to join the SAL.

Question: How does this affect the eligibility for the American Legion Auxiliary?

Answer: This follows the same concept as the SAL, as noted previously. Membership in the American Legion Auxiliary is currently open to grandmothers, mothers, sisters, wives, and adopted female descendants of eligible veterans.

Question: How does this affect membership for departments, districts and posts?

Answer: This change opens up American Legion membership to millions more veterans who likely live in your communities. They may become members immediately.

Question: The current membership applications don't address the eligibility change. How do we process those members?

Answer: New membership materials will be developed and provided as quickly as possible. Until then, it is recommended that prospective members from a previously undocumented war era write "Other Conflicts" in the eligibility date section and send it in to their department with the appropriate dues.

Question: What steps should departments, districts and posts focus on?

Answer: A good first step would be to review all recruiting materials to look for eligibility dates. Information on electronic media (websites, social media channels, etc.) should be changed immediately. It is up to departments to decide on the best way to handle printed materials, while updated ones are being produced.

Question: How does this change the Paid Up For Life program?

Answer: There are no changes to the PUFL program, though the newly eligible members would be able to become PUFLs. To learn more about the program, visit <https://www.legion.org/PUFL>.

Question: Who can I contact for more information about this change as it applies to membership and recruiting?

Answer: Visit www.legion.org/membership/contactus to find the representative in your state.

FROM: <https://www.legion.org/dispatch/246641/11-key-things-know-about-legion-act>